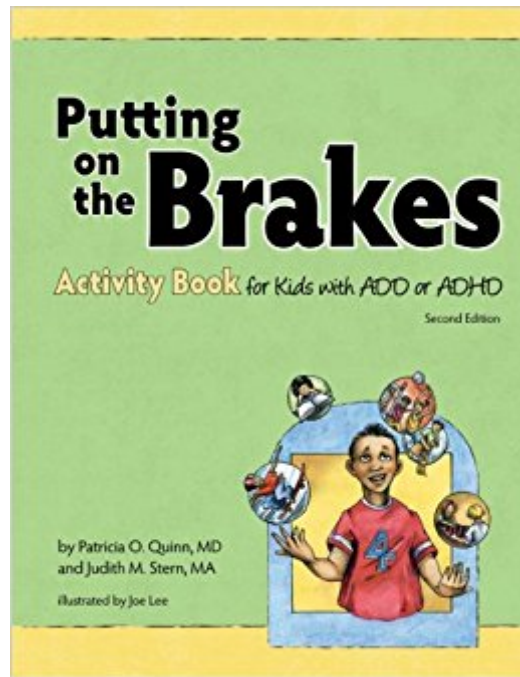


The book was found

# Putting On The Brakes Activity Book For Kids With Add Or ADHD



## Synopsis

This guide is packed with useful and empowering lessons/skills kids can apply to and implement in their daily lives. It shows kids all of the ways they can take control of their AD/HD - the Activity Book teaches them that they have choices that can immensely improve their everyday life.

## Book Information

Paperback: 96 pages

Publisher: Magination Press; 2nd edition (March 1, 2009)

Language: English

ISBN-10: 1433804417

ISBN-13: 978-1433804410

Product Dimensions: 8.5 x 0.2 x 11.1 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 17 customer reviews

Best Sellers Rank: #162,313 in Books (See Top 100 in Books) #52 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #228 in [Books > Children's Books > Education & Reference > Study Aids > Children's General Study Aids](#) #765 in [Books > Children's Books > Growing Up & Facts of Life > Health](#)

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

Patricia O. Quinn, MD, is a pediatrician in Washington, D.C. and is the director of the National Center for Girls and Women with ADHD. She is the author of *Putting on the Brakes* (2nd Edition, APA Books) and other books on ADD/ADHD.

Activities are good if you have a somewhat creative child. My child is not completely great with using the book but he was able to learn about being ADHD. We sat down and read parts of the book together. My son is 6 and most of the book was way ahead of his age. I would recommend for a preteen.

Was happy to see that this has been updated in such a current and (very) useful style! I had stopped using the first edition, because it was almost obsolete. You won't be disappointed having this in your tool box with these updates. .

My daughter has ADHD, she struggles with severe hyperactivity, inattention and impulse control. I got this for her to work on this summer, and so far she really enjoys it.

I'm a postdoc working with middle schoolers two days a week, and this far they have all responded well to this workbook; a rarity in our field.

great book and great resource for kids and families

Everything is great!

MY 9 YEAR OLD loves it

very good book.

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Understanding and Taking Control of Your Add or ADHD ADHD: A Mental Disorder or A Mental  
Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity,  
Cognitive Behavioral Therapy, Mental Disorders) The Insider's Guide to ADHD: Adults with ADHD  
Reveal the Secret to Parenting Kids with ADHD ADHD Diet For Children: Recipes and Diet to Help  
Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) ADHD  
Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults,  
Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT)  
Would You Teach a Fish to Climb a Tree?: A Different Take on Kids with ADD, ADHD, OCD and  
Autism Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids  
Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids  
Ages 4-6 6-8, 9-12) Parenting ADHD Now!: Easy Intervention Strategies to Empower Kids with  
ADHD Brainiac's Secret Agent Activity Book: Fun Activities for Spies of All Ages (Activity Books)  
(Activity Journal Series) Healing ADD Revised Edition: The Breakthrough Program that Allows You  
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